

# Study Strategies

## Remote Learning



*Studying is a mixture of "skill and will". It requires the application of methods for comprehending the material, but it also requires will: to exert effort, to persist, to seek out and often transform information.*

According to a study, students with higher academic achievement scored higher at seven skills;

1. Time management and procrastination
2. Concentration and memory
3. Study aids and note-taking
4. Test strategies and test anxiety
5. Organizing and processing information
6. Motivation and attitude
7. Reading and selecting the main idea

(Klassen, Krawchuk & Rajani, 2008)

### 1. Organize

- Your study environment
- Your materials

### 2. Remove

- Distractions
- Other barriers to learning

### 3. Prioritize

- The tasks on your to-do-list
- Your daily tasks

### 4. Learn

- Note-taking skills
- Time management strategies

### 5. Plan

- A balanced schedule
- Enough time for each subject

### 6. Contact

- With other students
- With your instructors