Öğrenme ve Öğretmeyi Geliştirme Uygulama ve Araştırma Merkezi

Center for Advancing Learning and Teaching



Effective Note-Taking Techniques

Strategies for Success at METU

-Take a deep breath, and trust in your abilities to succeed





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Taking effective notes is essential for academic success. The right technique can enhance your ability to organize information, understand key concepts, and prepare for exams. Below are several proven note-taking strategies, each designed to help you engage with the material actively, retain information better, and structure your notes efficiently. By experimenting with these methods, you can find the one that works best for you and improve your study habits.

Cornell Method

How it works?

- Divide your page into three sections: a narrow left-hand column for cues or key points, a larger right-hand column for detailed notes, and a bottom section for summaries.
- This structure promotes active recall and effective review.

How to apply?

- During the lecture, take notes in the larger right column.
- Afterward, write key terms or questions in the left column.
- At the end of the session, summarize the key concepts in the bottom section for quick review.

2 Outline Method

How it works?

- Use headings, subheadings, and bullet points to organize information hierarchically.
- This method helps with structure and clarity, especially for complex information.

How to apply?

- Start by noting the main topics as headings.
- Add subtopics and details underneath each heading using bullet points or numbering.
- Keep the structure simple and concise for easy revision.





3 Mindmapping

How it works?

- Begin with a central idea in the middle of the page and draw branches for related topics, sub-topics, and ideas.
- This method encourages visual organization and better connection of concepts.

How to apply?

- Start with the main concept and write it in the center.
- Draw lines from the center to related ideas or keywords, expanding as you go.
- Use colors or symbols to make connections clearer.

4 Charting Method

How it works?

- Organize information in columns and rows to compare related data or concepts.
- It is helpful when studying subjects like history or science.

How to apply?

- Create a table with headings for each column.
- List related concepts or events in the rows beneath each column.
- Fill in the details as you study or take notes.

5 Sentence Method

How it works?

- Write each new idea or fact as a separate sentence.
- This method allows for quick note-taking but can sometimes lack structure.

How to apply?

- As the lecture proceeds, write each fact or idea in a new sentence.
- Use this for fast-paced lectures when you need to capture as much as possible.



Experiment with these techniques to find which one works best for you!



